CSPI Center for Science in the Public Interest
nonprofit publisher of *Nutrition Action Healthletter*

April 27, 2006

Craig McLaughlin
Executive Director
Washington State Board of Health
P.O. Box 47990
Olympia, WA 98504-7990

Dear Mr. McLaughlin:

Thank you for speaking with me in early April to discuss menu labeling regulations in Washington. I appreciated your frank feedback regarding implementing menu labeling regulations in Washington.

While I was in Seattle, a number of health professionals showed their support for menu labeling regulations by signing the enclosed petitions. I would be happy to share with you and the Board of Health additional information on this innovative, low-cost way for Washington to address diabetes, heart disease, obesity and other nutrition-related diseases. Thank you.

All the best,

Dr. Margo G. Wootan
Director, Nutrition Policy

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Michael F. Jacobson, Ph.D.
Executive Director
IH-D-6

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Smart Menus
Smart Choices

Menu Labeling Regulations would require fast-food and other chain restaurants to list calories, saturated plus trans fat, carbohydrate, and sodium on printed menus and calories on menu boards.

We don't expect people to order an item without knowing its price. Restaurants should disclose the nutritional price as well.

SANDWICHES	CALORIES	PRICE
HAMBURGER	280	.89
CHEESEBURGER	330	.99
FILET-O-FISH®	470	1.99
CRISPY CHICKEN	550	2.79
QUARTER POUNDER®	430	2.29
BIG N' TASTY®	540	2.29

We, the undersigned, urge you to amend the food code to require menu labeling in fast-food and chain restaurants.

NAME	TITLE, ORGANIZATION	CITY, STATE, ZIP	EMAIL (PLEASE PRINT)
Greg Garcia	Prog Dir, Wapifasa	Seattle WA 98104	greg@wapifasa.org
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Sarah McCoy	teacher	Arlington, WA 98223	mccoysl@mukilteo.wednet.edu
Inger-Lise Porter	teacher	Mill Creek, WA 98012	porteril@mukilteo.wednet.edu
Audrey Sharp	teacher	Mountlake Terrace, WA 98043	theaudrey@yahoo.com
Julie Petersen	Secretary	Arlington, WA 98223	Julie.Petersen@co.snohomish.wa
Joni Brand	school nurse	Woodinville, WA 98077	jonibrand@gmail.com
Julie Fierro	Teacher	Bonney Lake, WA 98391	
J. Stroth	Health Educator	Edmonds, WA 98026	jmstrother@hotmail.com
Jan Norman	DOH	Olympia WA 98504	

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NAME	TITLE, ORGANIZATION	CITY, STATE, ZIP	EMAIL (PLEASE PRINT)
J. Ballard	Sociologist, UCFV	Abbotsford, BC V4X 1V5	ballardj@ucfv.ca
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Marilyn Dold	parent	Wenatchee WA 98801	
Nathan Engebretson	Educator	Seattle, WA 98122	
ELNA KAWAL	Educator	Sequim WA 98382	eKawal@yahoo.com
Eric Hatzenbuehler	Health Educator	Seattle, WA 98115	ehate@shd.snohomish.wa.gov
Patrick Luce	Teen Director Boys Girls Clubs	Pasco, WA 99301	patrick@kidexpert.org
BRIAN Myers	CASE MANAGER, New Start	Seattle, WA, 98136	beemyers831@yahoo.com
Ken Huey	Supervisor, Asian Counseling & Referral Service	Seattle 98104	kenh@acrs.org

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NAME	TITLE, ORGANIZATION	CITY, STATE, ZIP	EMAIL (PLEASE PRINT)
Tricia Hughes	Health Educator, ESD 101	Spokane, WA 99223	thughes@esd101.net
Katherine Hintyesz	P/I Specialist ESD 101	Spokane, WA 99203	
Karel Steele	5104 S. Camano Dr.	Camano IS WA 98282	—
Joanne M. Lisosky	Pacific Lutheran Univ	Tacoma WA 98447	—
Susan Rogers	MediaLiteracy.com	Grass Valley, Ct	—
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NAME	TITLE, ORGANIZATION	CITY, STATE, ZIP	EMAIL (PLEASE PRINT)
Laura Quinn	King Co.	821 - 2nd Ave Ste 500 Seattle, WA 98104	—
Tom Nguyen	CISC	409 Maynard S. 98104	
Bich-Hoo Nguyen	CISC	900 S. Jackson St Suite 111 Seattle WA 98104	
Sina Schmidt	NW Media Center ARM	Spokane, WA 99258	—
Zan Lanouette	Gonzaga, NW-ARM center	Spokane, WA 99258	—
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Kara Stoy Seaman	Prevention/Interventionist ESD 112	Vancouver, WA 98661	Kara-Seaman@esd112.org
Shellee Brassard	Prevention/Intervention ESD 112	Vancouver, WA 98661	
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AYANA CARROLL	Ins. Assistant Powerful Voices	1620 1st Ave, 98122	

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Berlyn Detrick	Health Educator	Bellingham WA 98225	kimberlyn.detrick@mbpp.org
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NAME	TITLE, ORGANIZATION	CITY, STATE, ZIP	EMAIL (PLEASE PRINT)
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