



STATE OF WASHINGTON
DEPARTMENT OF HEALTH
OFFICE OF EMERGENCY MEDICAL SERVICES AND TRAUMA SYSTEM
PO Box 47853 • Olympia, Washington 98504-7853

WASHINGTON STATE FIRST RESPONDER RECERTIFICATION REQUIREMENTS
(RETAIN FOR FUTURE REFERENCE)

First Responders (FR) may complete recertification educational requirements by completing either the Continuing Medical Education (*CME*) method or through a Department of Health (DOH) and County Medical Program Director (MPD) approved *Ongoing Training and Evaluation Program* (OTEP) method, which includes approved knowledge and skill evaluations.

Educational Requirements:

- 1. Annually complete and document the following required training:**
 - a. CPR and Airway management for adults, children and infants.
 - b. Spinal Immobilization for adult, pediatric and geriatric patients
 - c. Patient Assessment for adult, pediatric and geriatric patients

- 2. In each certification period, complete and document training in the following *required* topics:**
 - a. Infectious disease prevention (annual OSHA/WSHA –approved, agency-required, infectious disease training meets this requirement).
 - b. Other pediatric topics
 - c. Additional education courses totaling 15 hours. Individuals obtaining education through the CME method must complete the number of educational course hours indicated. Due to the competency-based nature of OTEP, fewer class hours may be needed to complete this requirement than when using the OTEP method.

Examination and Certification Recommendation Requirements:

- 1. CME Method**
 - a. Pass a *practical* examination within six months of recertification.
 - b. Pass the state *written* examination within six months of recertification. Three attempts are allowed.
 - c. Obtain written recommendation for recertification from the county MPD and submit the completed and signed application to the DOH.

- 2. OTEP Method**
 - a. Successful completion of the OTEP method fulfills the requirement of the DOH written and practical skills examinations.
 - b. Obtain written recommendation for recertification from the county MPD and submit the completed and signed application to the DOH.

Description of selected terms used:

- CPR includes foreign body airway obstruction and the use of airway adjuncts appropriate to the level of certification for adults, children and infants.
- Other Pediatric Topics: This includes anatomy and physiology and medical problems including special needs patients.

(Please keep all recertification documents for four years after each certification)